

**nearly a third**  
**(29%) of reps reported**  
**workplaces do not have**  
**appropriate facilities to**  
**express while at work**

Survey of RCM Health & Safety representatives, 2023

**63% indicated that  
breastfeeding/pumping  
rooms often included  
toilets and changing rooms**



**24% report not  
having appropriate  
storage facilities  
for breast milk**

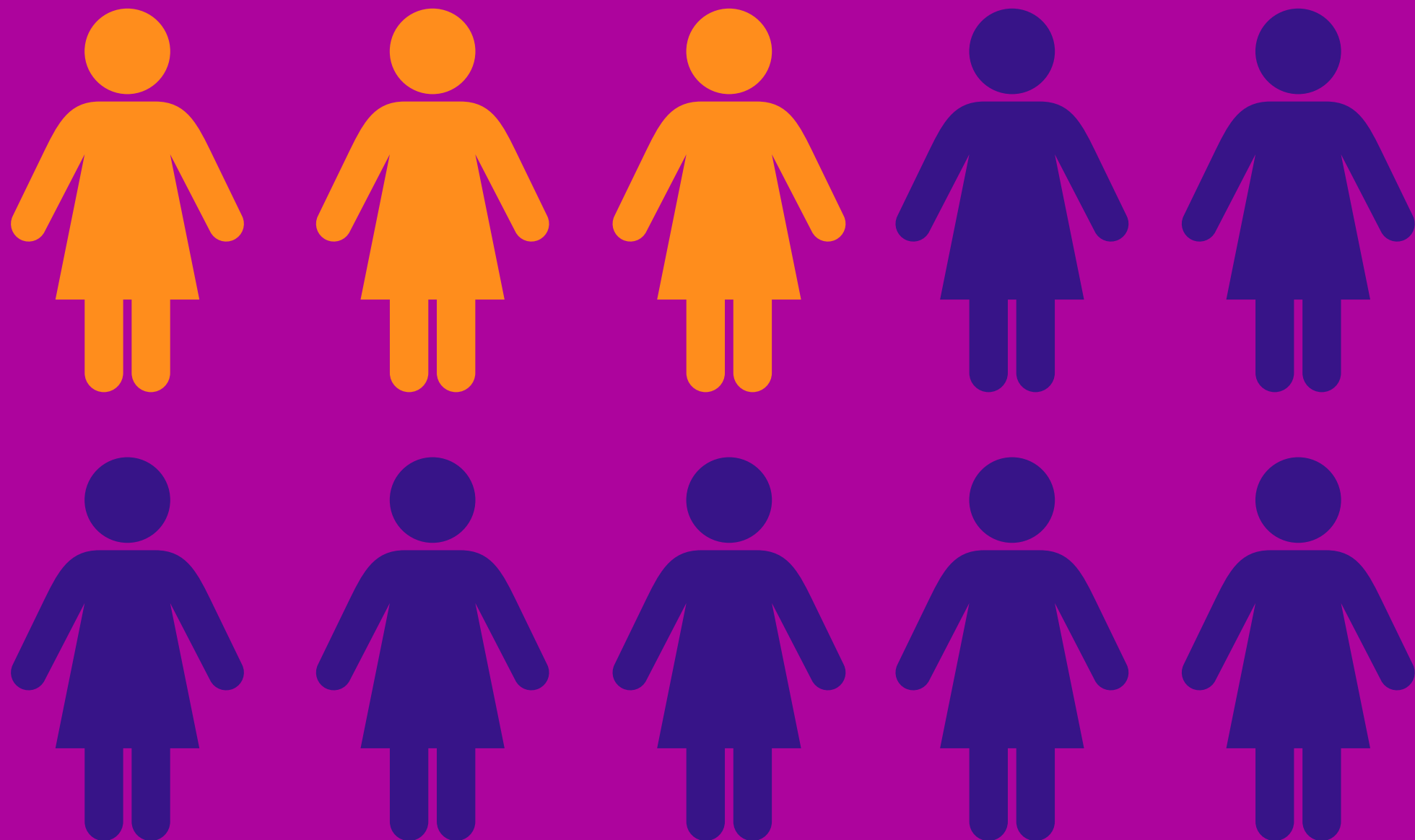
**which can lead  
women to breastfeed  
less or stopping  
earlier than planned**

Survey of RCM Health & Safety representatives, 2023

**35% report  
lack of support**

**to continue  
expressing/breast  
feeding while at work**

**Three in 10 members  
have to use patient  
rooms to express**



**Survey of RCM Health & Safety representatives, 2023**

**62%**

**of reps report access to  
breastfeeding facilities  
in the workplace**

**A third (32%)  
report facilities being an  
unreasonable distance,  
inadvertently affecting  
midwives who do not get paid  
breaks to breastfeed or  
express**